

## **REFLECTIONS BENIN 2024**

The response of the two trainees from Benin, Ladislav AYATOMEY and Sr Carole HOUNSOU: An account of the personal reflection exercise

### **RECENT WOUNDS**

- 1- The health crisis at COVID 19.
- 2- The practice of widowhood in southern Benin.
- 3- Ethnic differences.
- 4- Polygamy.
5. The high cost of living

### **OLD WOUNDS**

- ✓ The history of slavery and colonisation leading to the loss of values .
- ✓ Wounds of memory of the slave trade.
- ✓ The throes of the revolution where many were badly treated and tortured.