# **Healing of Memories training – Grand-Popo 2024**

## **COLLECTIVE WOUNDS**

## QUESTIONS FOR JOINT REFLECTION (1 March – 30 June 2024)

- within your own group, including trainees from the 2022-23 intake
- with your partner groups
- beyond your usual circle of contacts

There are no right or wrong answers!

It's only your answers and those of the people you meet that matter in this exercise.

We're not asking you to engage in a debate, or to take a stand on controversial issues. Rather, you're invited to reflect calmly on the questions set out below, share your thoughts with others and gather personal contributions.

#### Personal reflection

1. Each of you is invited to think about the ancient, old and recent wounds suffered by your country, region or community, and to note your personal thoughts on the subject.

### **Collective reflection**

- 2. Reflect together, as your country's team of participants in the 2024 training, but also with members of the previous intake. Discuss these wounds and their impact on individuals and the community. Write down your thoughts.

  Together, choose two of these collective wounds an old one and a current one that seem important to you or that affect you more particularly.
- 3. What are the sources of these two wounds? How do these wounds manifest themselves in the people and groups concerned?

  Who is "the other" in this context? Who is "us"? Who is "them"?

## **Gathering personal contributions**

- 4. Together, identify 2 or 3 people (well-known or not so well-known, people you know or representatives of relevant organisations, civil society, etc.) who could talk to you about the impact of one or other of these major collective wounds on their life or that of their group. Make an appointment with them, explain why you are doing this and ask for their permission to take notes or record their contribution.
- 5. During your interview with these people, ask them to tell you about the events that gave rise to the wounds they share with others; their personal memories of these events; how they feel about them; are the wounds still open or have they healed? do people talk about these events, or do they remain silent about them?

### Looking forward to the training session in July 2024

6. Based on this reflection and the contributions you have gathered, we invite you and the other participant(s) from your country to prepare a 3-4 minute presentation (a sketch, mime, poem, dialogue, song, dance, etc.) expressing what you have taken away from this experience. You will have an opportunity to share this presentation in July with all the participants in the Grand-Popo session.

As your meetings take place over the next three months, please send your answers and reports on your discussions and interviews (with the exception, of course, of anything that is confidential) to the following address: <a href="mailto:afrique@healing-memories.lu">afrique@healing-memories.lu</a>
We will be happy to share them on the "Francophone Africa" pages of the <a href="https://healing-memories.lu">https://healing-memories.lu</a> website.

15 February 2024

Organising Committee Institute for Healing of Memories (South Africa) / Healing of Memories Luxembourg